

# Get the most from your online experience.



## View and print ID cards instantly

Have you ever misplaced or forgotten your health plan ID card? The Member Portal allows you to easily print a temporary card or present your ID card on your cell phone through the MyBSW Health app.

## Confirm benefits and coverage

Quick access to copay and coinsurance for various types of visits including Tier 1, Tier 2 or out-of-network providers.

## Assess your health

Knowing your wellness status can encourage you to make positive changes in your daily routine that can have long-lasting benefits.

## Track your deductible and out-of-pocket accumulator

A simple graphic allows you to quickly see how much your plan has paid and what you may owe.

## See your claims and Explanations of Benefits (EOBs)

Detailed information about every medical and pharmacy claim. Updated weekly.

## Ask us a question

Send a secure email to the health plan and get a response within one business day from 8 a.m. to 5 p.m. Monday through Friday.

**Sign up for the Member Portal today at [bswh.swhp.org](https://bswh.swhp.org). Then, access it through our websites or phone app.**

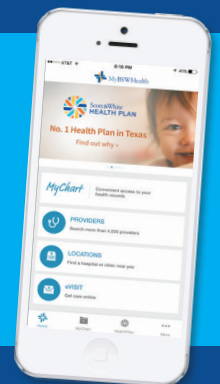
Be sure to follow the requirements regarding capital letters and special characters when setting up your account.

## Website Access

Go to [bswh.swhp.org](https://bswh.swhp.org) or [MyBSWHealth.com](https://MyBSWHealth.com) and use your credentials to log in to the Member Portal.

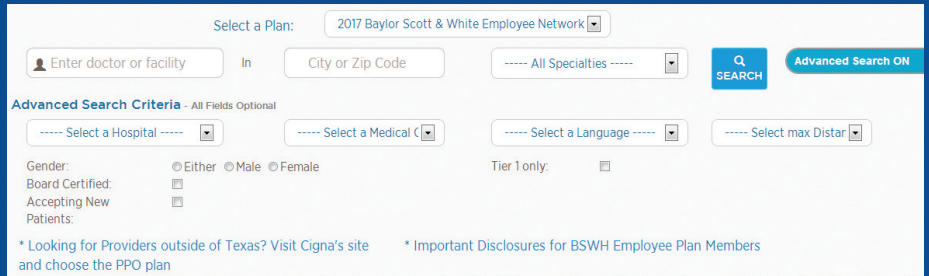
## Phone App

Download the MyBSWHealth app, using your smartphone, and log in using the same user name and password you use for the Member Portal.



# Find the nearest in-network provider or pharmacy.

Choose from a broad range of in-network providers by going to the Find a Provider tool on the Member Portal. With our provider search tool, you can:

A screenshot of a web-based provider search tool. At the top, it says "Select a Plan:" followed by a dropdown menu showing "2017 Baylor Scott & White Employee Network". Below this are input fields for "Enter doctor or facility", "In", "City or Zip Code", and "All Specialties". There are "SEARCH" and "Advanced Search ON" buttons. Underneath, it says "Advanced Search Criteria - All Fields Optional" and lists several filters: "Select a Hospital", "Select a Medical C", "Select a Language", "Select max Distan", "Gender" (with radio buttons for "Either", "Male", "Female"), "Board Certified" (checkbox), "Accepting New Patients" (checkbox), and "Tier 1 only" (checkbox). At the bottom, there are two footnotes: "\* Looking for Providers outside of Texas? Visit Cigna's site and choose the PPO plan" and "\* Important Disclosures for BSWH Employee Plan Members".

- Search for Tier 1 and Tier 2 providers by name and/or specialty
- Search for BSWH and contracted pharmacies
- Determine your provider's or pharmacy's distance from your ZIP code
- Filter search results on criteria that are important to you

*If you don't have a regular doctor, make an appointment with one today. If you need help finding a Tier 1 provider based on your specific needs, call BSWQA HealthAccess at 1-844-279-7589 for assistance. The more your doctor understands your needs, the better your health care will be.*

If you need more personalized service, feel free to contact a customer service advocate at **844-843-3229.**

Get additional benefit information through the **online Medical Plan Info Center.** ([bswh.swhp.org](http://bswh.swhp.org))

Under  MENU, you can:

- Access tools and resources for special circumstances such as transition of care or authorization to release PHI (Protected Health Information)
- Review your plan's formulary and preventive drug list
- See how different drugs are covered and any limitations or exclusions
- Review SBCs (Summary of Benefits and Coverage) for all the plans we offer

For additional details or personal assistance with prescription benefits, call the Pharmacy Help Desk at **800-728-7947.**