

# Get the most from your online experience.



## View and print ID cards instantly

Have you ever misplaced or forgotten your health plan ID card? The Member Portal allows you to easily print a temporary card or present your ID card on your cell phone through the MyBSWHealth app.

## Confirm benefits and coverage

Quick access to copay and coinsurance information for various types of visits.

## Assess your health

Knowing your wellness status can encourage you to make positive changes in your daily routine that can have long-lasting benefits.

## Track your deductible and out-of-pocket accumulator

A simple graphic allows you to quickly see how much your plan has paid and what you may owe.

## See your claims and Explanations of Benefits (EOBs)

Detailed information about every medical and pharmacy claim. Updated weekly.

## Ask us a question

Send a secure email to the health plan and get a response within one business day from 8 a.m. to 5 p.m. Monday through Friday.

**Sign up for the Member Portal today at [BSWH.SWHP.org](http://BSWH.SWHP.org). Then, access it through our website or MyBSWHealth app.**

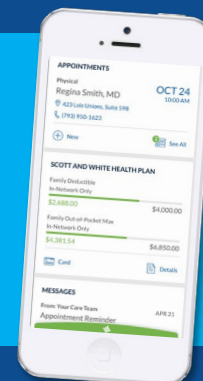
Be sure to follow the requirements regarding capital letters and special characters when setting up your account.

## Website Access

Go to [BSWH.SWHP.org](http://BSWH.SWHP.org) or [MyBSWHealth.com](http://MyBSWHealth.com) and use your credentials to log in to the Member Portal.

## Phone App

Download the MyBSWHealth app, using your smartphone, and log in using the same user name and password you use for the Member Portal.

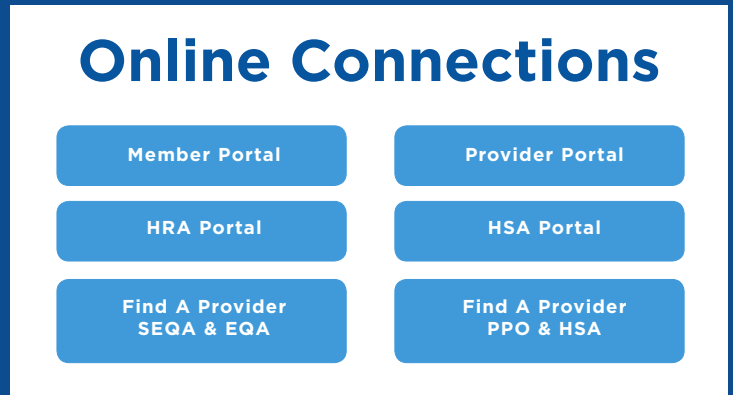


# Find the nearest in-network provider or pharmacy.

Choose from a broad range of in-network providers by going to the Find a Provider tool on the Member Portal. With our provider search tool, you can:

- Search for providers by name and/or specialty
- Search for BSWH and contracted pharmacies
- Determine your provider's or pharmacy's distance from your ZIP code
- Filter search results on criteria that are important to you

*If you need help finding a BSWQA provider based on your specific needs, call BSWQA HealthAccess at 1-844-279-7589 for assistance. The more your doctor understands your needs, the better your health care will be.*



For more personalized service, contact a customer service advocate at:  
**844-843-3229**

Get additional benefit information through the **online Medical Plan Info Center at BSWH.SWHP.org**

Under  MENU, you can:

- Access tools and resources for special circumstances such as transition of care or authorization to release PHI (Protected Health Information)
- Review your plan's formulary and preventive drug list
- See how different drugs are covered and any limitations or exclusions
- Review SBCs (Summary of Benefits and Coverage) for all the plans we offer

For additional details or personal assistance with prescription benefits, call the Pharmacy Help Desk at **800-728-7947**.