



Scott & White  
**HEALTH PLAN**  
PART OF BAYLOR SCOTT & WHITE HEALTH



# Scott and White Care Plans

Open enrollment  
BSW Plus HMO Network  
Buy-Up Plan

**Bell County**

Plan Year: Nov. 1, 2020-Oct. 31, 2021

Open Enrollment: Aug. 10, 2020 – August 18, 2020

# Scott & White Care Plans

- **Our mission:** Founded as a Christian ministry of healing, Baylor Scott & White Health promotes the well-being of all individuals, families and communities.
- **Our ambition:** To be the trusted leader, educator and innovator in value-based care delivery, customer experience, and affordability.
- **Our goal:** To blend care and coverage in a way that engages you in your own care, gives you the tools and resources to be an active participant and improves your health in a measurable way.

We are Scott & White Care Plans, a wholly owned subsidiary of Scott and White Health Plan, and part of Baylor Scott and White Health.

# Scott & White Care Plans BSW Plus HMO

- BSW PLUS HMO Network is the larger of the SWHP Networks
- Integrated Health System for members utilizing Baylor Scott & White BSW providers
- SWCP member information is available at [bellcounty.swhp.org](http://bellcounty.swhp.org) or through the MyBSWHealth app
- Wellness Assessment and Digital Health Coaching

# Member Portal at [bellcounty.swhp.org](https://bellcounty.swhp.org)

Through the member portal, members can:

- See required copays
- Print an ID card or request a new one
- Check the status of deductibles and out-of-pocket max
- See claims and Explanations of Benefits (filtered by member/dependent)
- Get information on specific providers
- Review prescription usage

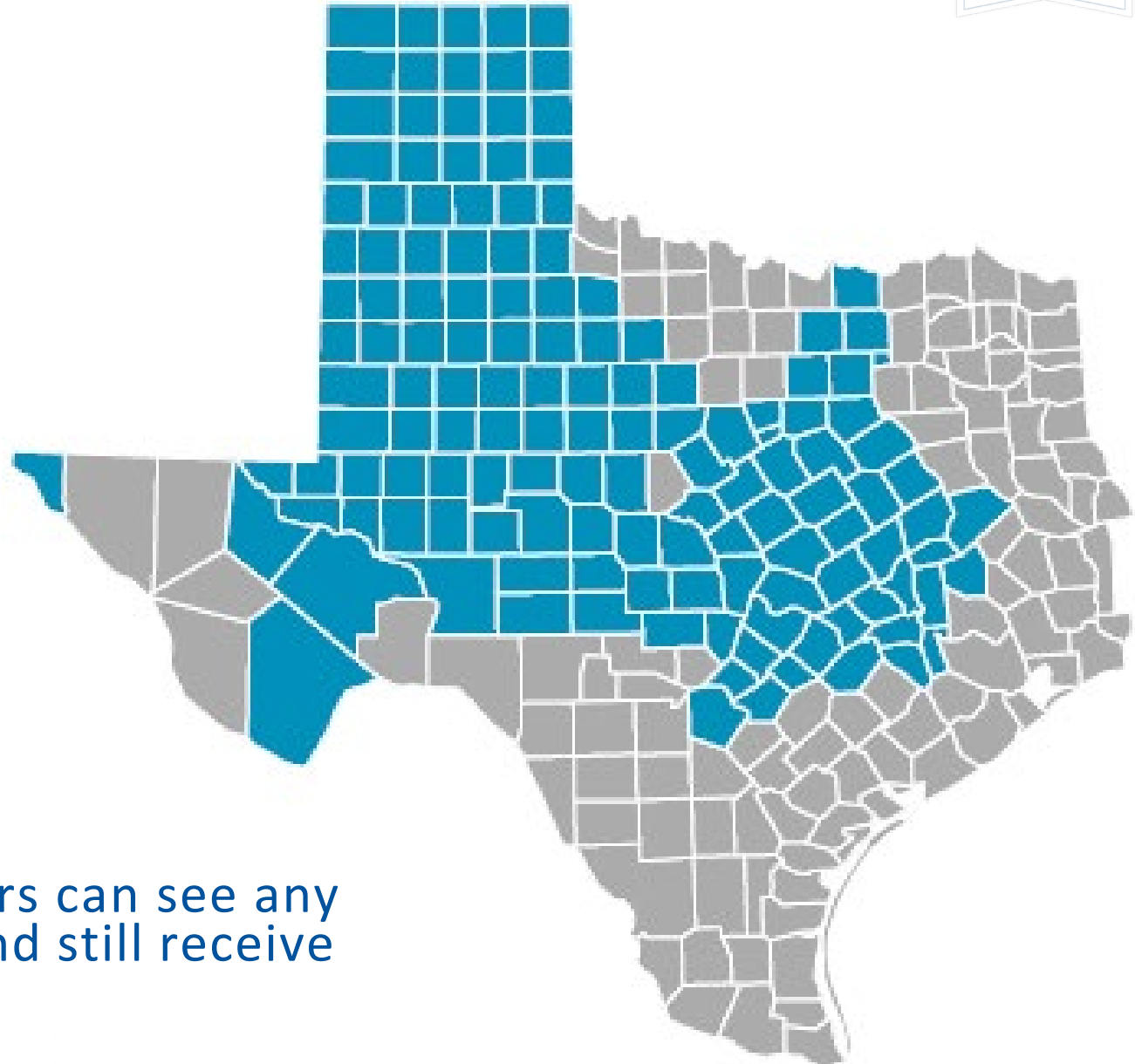
Members can also send an e-mail to customer service advocates and receive responses through the portal's secure messaging feature.

# 2020-21 Bell County Service Area Buy-Up Plan: BSW Plus HMO Network



If you live OR work in any county shown in blue, you can choose coverage with the BSW Plus HMO Network and see in-network providers in only those counties shown in blue.

Our Open Access HMO means members can see any network provider without a referral and still receive in-network benefits.



# Finding a Provider Has Never Been Easier

- Our provider search tool allows you to:
  - Search by name, specialty, and/or ZIP code
  - Add filters for gender, board certification, accepting new patients, and more
  - See practice locations, contact information, and maps
  - Get details, including network participation and hospital affiliations

You can also:

- Customize your own profile
- Create custom directory results

# Try it yourself! It's as easy as 1-2-3

1. Go to [bellcounty.swhp.org](http://bellcounty.swhp.org)
2. Find the header “Bell County BSW Plus HMO”
3. Click the button marked “Find a Provider – BSW Plus HMO”

Bell County BSW Plus HMO

Find a Provider - BSW Plus HMO



**Remember:** While selecting one is not required, creating a continuing, trusting relationship with a primary care doctor has immense value. You may see any network physician without a referral.

# SWHP Summary of Benefits for Bell County

2020-21 SWHP/Bell County Plan Year Benefits

\$15 PCP Office Visit / \$70 Specialty Office Visit



Benefit	Copay
Medical Deductible	\$1,250 Individual / \$2,500 Family
Out-of-Pocket Maximum	\$3,750 individual / \$7,500 Family (includes combined Medical and Rx copays, deductibles and coinsurance)
Primary Care Physician	\$30 copay
Specialist Office Visit	\$30 copay
Preventive Care	\$0
Outpatient Surgery Facility	20% after deductible Up to the out-of-pocket maximum
Inpatient Hospital	20% after deductible Up to the out-of-pocket maximum
Urgent Care	\$75 copay
Emergency Room	\$250 copay per visit, plus 20% after deductible (\$250 copay waived if admitted within 24 hours)
Manipulative Therapy	\$30 copay (35 visits per calendar year max)



## Unlimited RX Benefit Plus only \$10 for Preferred Generic Drugs!

Prescription Drugs		
	Retail (up to 30-day supply)	Mail Order (up to 90-day supply)
Rx Maximum	Unlimited	
Rx Deductible Applies to Preferred Brand and Non-Preferred Drugs	\$0 per individual	\$0 per individual
Preferred Generic	\$10	\$20
Preferred Brand*	\$40	\$80
Non-Preferred Brand or Non-Preferred Generic	Lesser of \$100 or 50% /retail	Lesser of \$200 or 50% / maintenance

**Rx copays and coinsurance apply to Out-of-Pocket Maximum.**

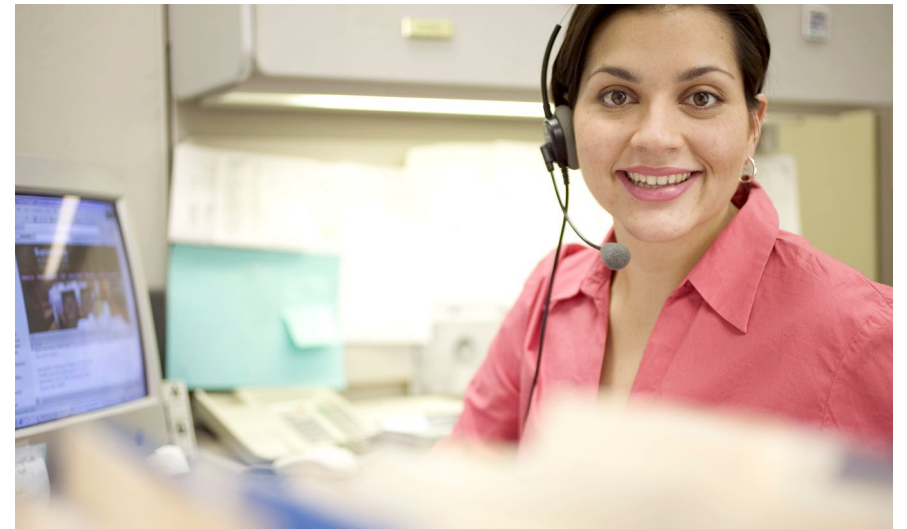
*\* Please review the new Group Value Formulary at [bellcounty.swhp.org](http://bellcounty.swhp.org) for any changes that may affect medications you are currently taking.*

The Scott and White Health Plan  
Pharmacy Team is here to help!

**Call 844.633.5325**

Mail Order Pharmacy:  
817.388.3090

Is my prescription covered?  
What will I have to pay?



# Virtual Care at \$0 copay

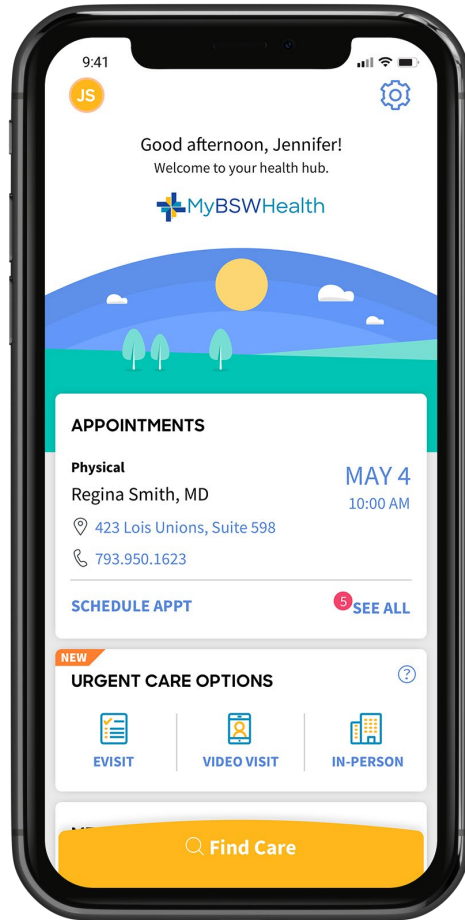
## MyBSWHealth

- eVisits: Online diagnosis and treatment plan for common medical conditions
- Same-Day Video Visits: Online with a doctor, face-to-face in real time
- Both available at [MyBSWHealth.com](https://MyBSWHealth.com) or the MyBSWHealth app

## MDLIVE

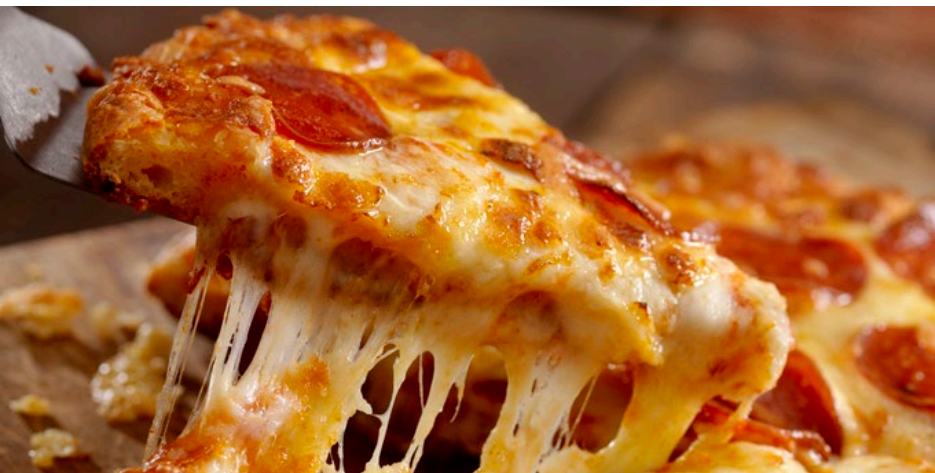
- Talk to doctors, licensed therapists and more, for general health and behavioral health concerns.
- Visit by phone, secure video, or the MDLIVE app

# Healthcare in a *snapp*



Be sure to link your account in the app:

1. Tap the gear icon in the top right corner
2. Tap “Manage Linked Accounts”
3. Tap “Link Account”
4. Enter member information



# Naturally Slim

- A unique mindful-eating curriculum combined with technology to teach people the skills needed to sustainably lose weight and improve their health—while eating foods they love.
- NO COST to Bell County SWCP members
- NO WAITING for a class to form
- Accessible via computer and mobile device
- Learn more at [bellcounty.swhp.org](http://bellcounty.swhp.org)



# Resources to Reduce Healthcare Cost



- **Emergency Room (ER)** – should only be used when a person's life is in danger or if waiting may cause a loss of function of a body part, organ or system
- **Urgent Care Clinics** – when you can't wait until the next day or your doctor's office is closed
- **Virtual Care** - \$0 copay including Baylor Scott & White eVisits and video visits, plus additional services powered by MDLIVE
- **Talk to a Nurse** - Need care advice? Should you see a doctor? Get the info you need today! See the back of your ID card for additional information
- **Stay In-Network** – in-network doctors have agreed to accept our payment along with your copayment as the entire cost of their services
- **Generic Medications** – use when available and/or order a 90-day supply to save time and money



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Thank you for your interest in  
Scott and White Health Plan

We look forward to being your  
healthcare provider *and* wish you all  
the best with your healthcare needs  
during the 2020-2021 plan year!