



Plan Year 2020 Summer Enrollment Scott and White Health Plan Benefits

State of Texas and Higher Education
Employees, Retirees and Dependents
September 1, 2019 – August 31, 2020

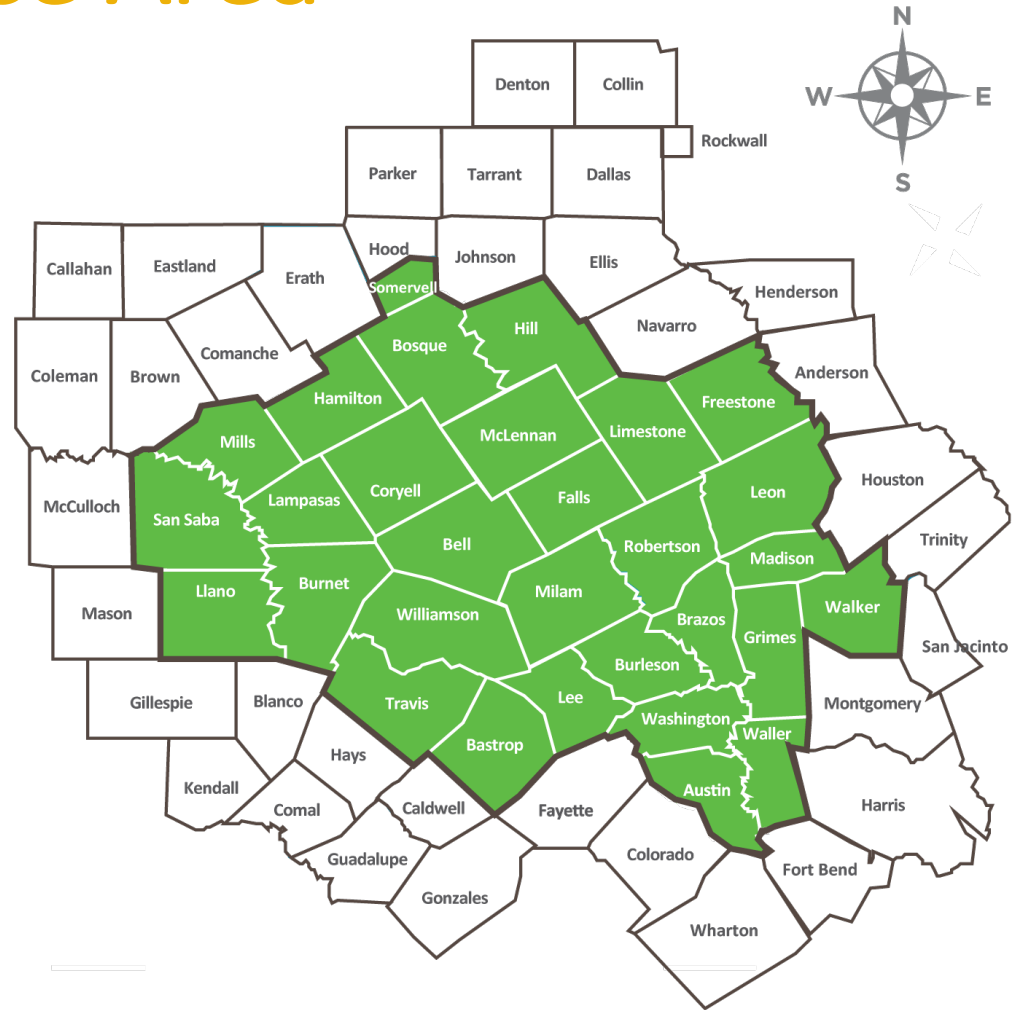


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SWHP Service Area

If you live or work in one of the counties shown in green, you are eligible to participate in the ERS Group Benefit Plan administered by SWHP for PY20.



Scott and White Health Plan and Baylor Scott & White Quality Alliance

Scott and White Health Plan

- Not-for-profit Health Maintenance Organization (HMO) established in 1982
- Offered to State of Texas Employees, retirees and their dependents since 1982 and Higher Education employees, retirees and dependents since 1992
- # Members
- Available in 39 counties across Central Texas

Baylor Scott & White Quality Alliance

- Accountable Care Organization (ACO) affiliated with Baylor Scott & White Health—one of the largest healthcare systems in Texas
- Primary/specialty care physicians, hospitals, post-acute care facilities and other healthcare stakeholders who agree to be jointly accountable for improving quality, managing the health of patient populations and reducing healthcare costs

How does the ACO work?

- Your Primary Care Doctor (PCP)—if you select one* —is considered the captain of your care team.
- Your PCP uses electronic health records to help keep you and your care team informed about other doctors you may be seeing, what medicine you're taking, your health history and your test results— in real time.
- Your doctors are held accountable for achieving quality, patient satisfaction and cost measures.

* This is an open-access plan – you can go to any network provider without a referral. PCP selection is NOT required.

Working Together to Improve the Member Experience



- Member Communication
- Customer Service
- Pharmacy Services
- Claims Processing
- Account Management
- Preventive Health Services
- Chronic Disease Management
- Comprehensive Care Management
- Patient Record Management through Electronic Health Record System
- Accountability for Member Care



What's New for Plan Year 2020?

- Individual out-of-pocket maximum increased to \$6,750
- Family out-of-pocket maximum increased to \$13,500
- E-visits – available at \$0 copay
- Naturally Slim weight loss program

E-Visits

Some of the conditions treated include:

- Cold or flu
- Allergies/sinus-related issues
- Skin conditions
- Tobacco cessation
- Stomach and digestive issues
- Minor eye conditions
- Women's health

EASY, ONLINE DIAGNOSIS

Our E-Visit service enables you to get an online diagnosis and treatment plan for common medical conditions. How does it work?



ONLINE INTERVIEW



DIAGNOSIS BY A
CLINICIAN



RESPONSE WITHIN ONE
HOUR



PRESCRIPTION
ORDERED IF NEEDED

Naturally Slim

A unique mindful-eating curriculum combined with technology to teach people the skills needed to sustainably lose weight and improve their health.

Naturally Slim is available at NO COST to SWHP ERS members. It's accessible via computer and mobile device so you can participate from wherever you are.

Naturally Slim classes are offered at specific times throughout the year. Learn more at ers.swhp.org.



Brief Summary of Benefits

Benefit	Member Pays
*PCP office visit	\$25
*Specialist office visit	\$40
**E-Visit	\$0
Diagnostic Lab & X-Ray	20%
Outpatient surgery facility	\$100 copay plus 20%
Inpatient hospitalization	\$150 copay per day plus 20% (up to \$750 copay max per admission; \$2,000 max copay per person per year plus 20%)
Out-of-pocket maximum	\$6,750 per person \$13,500 per family
Emergency Room – in-area and out-of-area covered at listed copay. If hospitalized, copay is applied to hospital confinement.	\$150 copay plus 20%
Urgent care clinic or at an urgent care facility	\$50 copay plus 20%

*Under the Affordable Care Act, certain preventive and women's health services are paid at 100% (i.e., at no cost to the member) dependent upon physician billing and diagnosis. In some cases, you will be responsible for payment of some services.

** Patients between the ages of 2 and 65 who have had a qualifying visit in the previous 12 months —such as a primary care or annual wellness visit—qualify for an E-Visit.

Prescription Drug Benefit

Benefit	Member Pays Tier 1 / Tier 2 / Tier 3
Retail Non-Maintenance	\$10 / \$35 / \$60
Retail Maintenance	\$10 / \$45 / \$75
Mail Order (90 days)	\$30 / \$105 / \$180

Value-Added Benefits

Wellness Assessment

A simple, digital health survey that asks questions about your life and delivers customized action steps from our Lifestyle Management Program.

Modules are self-paced, available online, and convenient. Learn more at ers.swhp.org/health

Online Lifestyle Management

Individual personalized plans that fit your life and needs. Visit ers.swhp.org/health and log in, then click on **Coaching** to participate in any of our lifestyle management programs,

ERS cannot and does not guarantee the length of time that a specific or type of value-added product will be offered or that a product will be offered in the future. If you have questions or concerns about these products, please contact Scott and White Health Plan directly.

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Disease Management

Programs designed to improve the health of people with chronic conditions and reduce costs from avoidable complications.

Disease management empowers you as you work with your healthcare providers to manage the disease and prevent complications.

Complex Case Management

This program pairs you with a nurse case manager who will work with you, your family and your physician to create a plan to meet your ongoing complex care needs.

Participation is voluntary. There is no additional cost to you for this program.

Value-added products are subject to change. Please contact Scott and White Health Plan directly with any questions.



Customer Service

(800) 321-7947

TTY (800) 735-2989

7 a.m. – 7 p.m. Monday-Friday

ers.swhp.org

SWHP Nurse Advice Line

(877) 505-7947

24 hours a day, seven days a week

E-Visits

MyBSWHealth.com

8 a.m. – 8 p.m., seven days a week.