

# 2020 Chronic Preventive medications and your HDHP plan

## Managing your health with preventive medications

Your HDHP pharmacy benefit plan includes special coverage for preventive medications. These medications help protect against or manage a medical condition, such as:

- Preventing blood clots and reducing the risk of a stroke
- Preventing heart disease and reducing high blood pressure
- Preventing osteoporosis (a disease that leads to an increased risk of bone fracture)

Your health is important. Taking preventive medications as told by your health care provider can help you avoid serious illness and high health care costs.

In this drug list, brand-name medications are shown in UPPERCASE (for example, COUMADIN) and generic medications in lowercase (for example, warfarin).

## **Special coverage for preventive medications**

The drugs on your plan's preventive medications list do not have a deductible. This means you'll pay your copayment/coinsurance or nothing at all, depending on your plan. It can save you money and get the medications you need to help you live a healthier life.

Preventive medications are a group of products in your plan's formulary which tells you what medications your plan covers.

Please note that most medications on the formulary have a deductible, but preventive medications do not. To check the cost of any medication, see your benefit handbook or contact customer service at the number on your member ID card.

## **Potential savings with generic medications**

To get the most from your benefits, ask your doctor if a generic medication is right for you. Generics normally cost less than brand medications, and the Food and Drug Administration (FDA) requires them to be just as safe and effective.

## **Quality drives our decisions**

A group of doctors and pharmacists meets often to review medications and coverage under pharmacy benefit plans. They also suggest which medications should be on your plan's preventive medications list.

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A list of covered preventive medications begins on the next page. Medications are listed by therapeutic category.

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## 2020 Preventive medication list

### Expanded listing by therapeutic category

#### ANTIDEPRESSANTS

citalopram  
escitalopram  
fluoxetine  
fluoxetine dr  
fluvoxamine  
fluvoxamine er  
paroxetine  
paroxetine ER  
PAXIL SUSPENSION  
sertraline

#### ANTIPSYCHOTICS

aripiprazole  
aripiprazole odt  
chlorpromazine  
clozapine  
clozapine odt  
compro  
FANAPT  
fluphenazine  
haloperidol  
LATUDA  
loxapine  
olanzapine  
olanzapine odt  
paliperidone ER  
perphenazine  
prochlorperazine  
quetiapine  
quetiapine ER  
risperidone  
risperidone m-tab  
risperidone odt  
SAPHRIS  
thioridazine  
thiothixene  
trifluoperazine  
VRAYLAR  
ziprasidone

#### ASTHMA AND COPD

ADVAIR DISKUS  
ADVAIR HFA  
albuterol sulfate  
albuterol sulfate er  
ALBUTEROL SULFATE HFA  
albuterol sulfate hfa  
ANORO ELLIPTA  
ARCAPTA NEOHALER  
ASMANEX TWISTHALER  
ASMANEX HFA  
ATROVENT HFA  
BREQ ELLIPTA  
BUDESONIDE/FORMOTEROL AER  
budesonide  
COMBIVENT RESPIMAT  
cromolyn  
DALIRESP  
FLOVENT DISKUS  
FLOVENT HFA  
FLUTICASONE INH SALMETER  
INCRUSE ELLIPTA  
ipratropium inhalation solution  
ipratropium / albuterol  
LEVALBUTEROL AER  
levabuterol neb  
metaproterenol  
montelukast  
PROAIR HFA  
PROAIR RESPICLICK  
PROVENTIL HFA  
PULMICORT FLEXHALER  
QVAR  
QVAR REDIHALER  
SEREVENT DISKUS  
SPIRIVA HANDIHALER SPIRIVA  
RESPIMAT SYMBICORT  
terbutaline  
THEO-24 CR / ER  
theochron CR  
theophylline

theophylline CR / ER  
VENTOLIN HFA  
zafirlukast

#### CANCER

anastrozole  
FARESTON  
raloxifene  
tamoxifen

#### CARDIOVASCULAR/ HEART DISEASE

##### Anti-Anginal Agents

DILATRATE SR  
isosorbide dinitrate  
isosorbide dinitrate ER  
isosorbide mononitrate  
isosorbide mononitrate ER  
minitran  
NITRO-BID  
NITRO-DUR  
nitroglycerin  
nitroglycerin er  
nitroglycerin lingual  
nitroglycerin transdermal  
RANEXA

##### Anticoagulants

aspirin dipyridamole  
BRILINTA  
cilostazol  
clopidogrel  
COUMADIN  
dipyridamole  
ELIQUIS  
heparin  
jantoven  
prasugrel  
warfarin

\* Where differences are noted between this formulary and your benefit plan documents, the benefit plan documents will rule.

XARELTO  
XARELTO STARTER PACK

### Cardiac Glycosides

digitek  
digox  
digoxin  
LANOXIN

### High Blood Pressure

acebutolol  
afeditab CR  
ALDACTAZIDE  
amiloride  
amiloride / hctz  
amlodipine  
amlodipine / benazepril  
amlodipine / olmesartan  
amlodipine / valsartan  
amlodipine / valsartan / hctz  
atenolol / chlorthalidone  
atenolol  
benazepril  
benazepril / hctz  
betaxolol  
bisoprolol  
bisoprolol / hctz  
bumetanide  
BYSTOLIC  
candesartan  
candesartan / hctz  
captopril  
captopril / hctz  
cartia XT  
CAROSPIR  
carvedilol  
carvedilol er  
chlorothiazide  
chlorthalidone  
clonidine  
CLORPRES  
dilt-XR  
diltiazem  
diltiazem CD  
diltiazem ER  
DIURIL  
doxazosin  
enalapril  
enalapril / hctz  
epplerenone  
felodipine ER  
fosinopril  
fosinopril / hctz

furosemide  
guanfacine  
hydralazine  
hydrochlorothiazide  
indapamide  
irbesartan  
irbesartan / hctz  
isradipine  
labetalol  
lisinopril  
lisinopril / hctz  
losartan  
losartan / hctz  
matzim LA  
methylothiazide  
methyldopa  
methyldopa / hctz  
metolazone  
metoprolol  
metoprolol ER  
metoprolol / hctz  
minoxidil (tablet)  
moexipril  
moexipril / hctz  
nadolol  
nadolol / bendroflumethiazide  
nicardipine  
nifederal XL  
nifedipine ER  
nimodipine  
nisoldipine  
olmesartan  
olmesartan / amlo / hctz  
olmesartan / hctz  
perindopril  
phenoxybenzamine  
pindolol  
prazosin hcl  
propranolol  
propranolol ER  
propranolol / hctz  
quinapril  
quinapril / hctz  
ramipril  
sotalol  
sotalol AF  
spironolactone  
spironolactone / hctz  
taztia XT  
TEKTURNA  
TEKTURNA HCT

telmisartan  
telmisartan / hctz  
terazosin  
timolol (tablet)  
torsemide  
trandolapril  
trandolapril / verapamil  
triamterene / hctz  
valsartan  
valsartan / hctz  
VECAMYL  
verapamil  
verapamil ER / SR

### High cholesterol

amlodipine / atorvastatin  
atorvastatin  
cholestyramine  
cholestyramine lite  
colesevelam  
COLESTID  
colestipol  
ezetimibe  
ezetimibe / simvastatin  
fenofibrate  
fenofibrate micronized  
fenofibric  
fenofibric DR  
fluvastatin  
fluvastatin er  
gemfibrozil  
lovastatin  
niacin ER (Rx)  
omega-3-acid (Rx)  
pravastatin  
prevalite  
rosuvastatin  
simvastatin  
VASCEPA

### DIABETES

#### Insulin

APIDRA  
APIDRA SOLOSTAR  
FIASP  
FIASP FLEXTOUCH  
HUMALOG  
HUMALOG KWIKPEN  
HUMALOG MIX  
HUMULIN  
LANTUS

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LANTUS SOLOSTAR  
LEVEMIR  
LEVEMIR FLEXTOUCH  
NOVOLIN  
NOVOLIN RELION  
NOVOLOG  
NOVOLOG MIX  
TOUJEO MAX SOLOSTAR  
TOUJEO SOLOSTAR  
TRESIBA FLEXTOUCH

### Non-insulin

acarbose  
BYDUREON  
BYDUREON BCISE  
BYETTA  
chlorpropamide  
glimepiride  
glipizide  
glipizide / metformin  
glipizide ER  
glipizide XL  
GLUCOMETERS<sup>†</sup>  
glyburide  
glyburide / metformin  
glyburide micronized  
INVOKAMET  
INVOKANA  
JANUMET  
JANUMET XR  
JANUVIA  
JARDIANCE  
JENTADUETO  
JENTADUETO XR  
metformin  
metformin ER  
miglitol  
nateglinide  
OZEMPIC

pioglitazone  
pioglitazone / glimepiride  
pioglitazone / metformin  
repaglinide  
SYMLIN  
SYNJARDY  
tolazamide  
tolbutamide  
TRADJENTA  
TRULICITY  
VICTOZA

### ESTROGENS

amabelz  
ANGELIQ  
CLIMARA PRO  
COMBIPATCH  
DUAVEE  
ELESTRIN  
estra / noreth  
estradiol (oral tabs, patch)  
ESTROGEL  
estropipate  
EVAMIST  
fyavolv  
jevantique  
jinteli  
lopreeza  
MENEST  
mimvey  
mimvey lo  
noreth / ethin  
PREMPHASE  
PREMARIN (ORAL TAB)  
PREMPRO

### GASTROINTESTINAL-ULCER DRUGS<sup>†</sup>

CARAFATE  
esomeprazole magnesium

lansoprazole  
misoprostol  
omeprazole  
pantoprazole  
rabeprazole  
ranitidine syrup  
sucralfate

### OSTEOPOROSIS

alendronate  
calcitonin-salmon  
etidronate  
ibandronate  
raloxifene  
risedronate

### SUPPLIES

Asthma Spacers  
Glucose Meters  
Insulin Syringes  
Lancets  
Pen Needles  
Test Strips

### TRANSPLANT

azathioprine  
IMURAN

### VITAMINS & ELECTROLYTES

#### Pediatric vitamins with fluoride

generic products  
BRAND NAME PRODUCTS

#### Prenatal multivitamins with iron and folic acid

generic products  
BRAND NAME PRODUCTS

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This list should be used as a reference and may not include all medications.

Brand or generic availability may not be current because of market changes. Using generics may be required based on your plan benefit.



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