

# Getting started with Teladoc®



**Teladoc gives you access 24 hours, 7 days a week to a U.S. board-certified doctor through the convenience of phone, video or mobile app visits.** Set up your account today so when you need care now, **a Teladoc doctor is just a call or click** away



#### SET UP YOUR ACCOUNT

Set up your account by phone (toll-free) web, mobile app or by texting **"Get Started"** to **469-844-5637** 

#### Online:

Go to Teladoc.com and click **"set up account".** 

#### Mobile app:

Download the app and click **"Activate account"**. Visit teladoc.com/mobile app to download the app.

#### Call Teladoc:

Teladoc can help you register your account over the phone.



#### PROVIDE MEDICAL HISTORY

Your medical history provides Teladoc doctors with the information they need to make an accurate diagnosis.



#### **REQUEST A CONSULT**

Once your account is set up, request a consult anytime you need care. And talk to a doctor by phone, web or mobile app

## Talk to a doctor anytime!



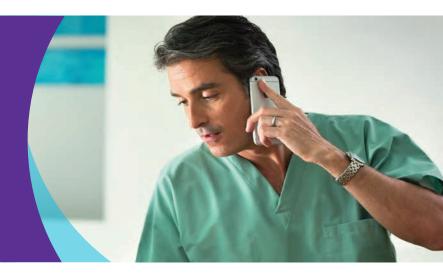




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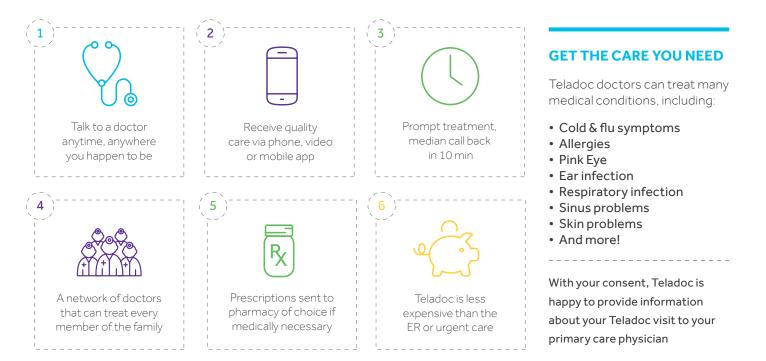


# So many reasons to use Teladoc®



Teladoc gives you access 24 hours, 7 days a week to a U.S. board-certified doctor through the convenience of phone, video or mobile app visits.

It's an affordable option for quality medical care.



## Talk to a doctor anytime!







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