







Where you go for care matters

Knowing where to go for care may save you time and money.

Type of care	Examples of health issues	Average cost
 <p>Primary care doctor Your first choice for care when it's not an emergency</p>	<ul style="list-style-type: none"> • Asthma • Chronic conditions <ul style="list-style-type: none"> • Diabetes management • High blood pressure • Earache • Headaches • Preventive health • Sprains • Well women exams 	<p>\$</p>
 <p>eVisits and Same-day Video Visits* Using your mobile device or computer Download the free MyBSWHealth app</p> 	<ul style="list-style-type: none"> • Acne • Allergies • Bladder infection • Cold • Flu • Pink eye • Quit tobacco • Sinus infection • Stomach problems • Yeast infection 	<p>\$</p>
 <p>Walk-in clinics Same-day appointments when your doctor does not have availability Walk-in clinics include select primary care clinics and some pharmacy locations</p>	<ul style="list-style-type: none"> • Asthma • Bladder infection • Ear or sinus pain • Earache • Flu • Sore throat • Sprains 	<p>\$</p>
 <p>Urgent care Needs immediate attention but is not life-threatening, or an appointment is not available with your doctor.</p>	<ul style="list-style-type: none"> • Back pain • Bladder infection • Earache • Minor burns • Minor eye injuries • Minor cuts that may need stitches • Sore throat • Sprains 	<p>\$ \$</p>
 <p>Emergency room Any condition you believe to be life-threatening</p>	<ul style="list-style-type: none"> • Chest pain • Deep cuts or wounds • Difficulty breathing • Poisoning, overdoses and suicidal behavior • Abdominal pain, coughing or vomiting blood • Severe burns • Severe head injuries • Sudden loss of balance, vision change, facial droop, arm or leg weakness 	<p>Hospital average cost: \$ \$ \$ \$</p> <p>Stand-alone average cost: \$ \$ \$ \$ \$</p>