

# MEMORANDUM

---

**TO:** RightCare Participating Providers

**FROM:** RightCare from Scott & White Health Plan (“RightCare”)

**SUBJECT:** LARC Utilization

**DATE:** March 17, 2020

Dear Participating Providers:

In its ongoing efforts to promote women’s health, Texas Health and Human Services (HHS) is raising awareness of long-acting reversible contraception (LARC). The American College of Obstetricians and Gynecologists (ACOG) identifies LARCs, including intrauterine devices and subdermal contraceptive devices, as the most effective reversible contraceptive method. Requiring no action on the part of the person after the device is in place, LARCs have high rates of user satisfaction and method continuation. HHS has made improving access to LARCs a priority.

HHS has produced several LARC resources for Texas women and healthcare providers:

- [What You Should Know About Long-Acting Reversible Contraceptives fact sheet \(English\)](#)
- [What You Should Know About Long-Acting Reversible Contraceptives fact sheet \(Spanish\)](#)
- [Texas LARC Toolkit](#)
- [Texas Medicaid Provider Procedures Manual LARC Policy](#)
- [Texas Vendor Drug Program LARC Products](#)
- [Texas Health Steps LARC Course](#)

In addition, [ACOG](#) has compiled a variety of [LARC clinical and training resources](#). LARCs are a covered service in both the [Healthy Texas Women](#) program and the [Family Planning Program](#). For further information about these and other women’s health services, see the [Healthy Texas Women website](#).