Comprehensive Risk Reduction for Adult Patients with Atherosclerotic Cardiovascular Disease

Purpose: The Coronary Artery Disease (CAD) Guidelines for 18 years of age and older with Stable CAD are designed to improve the management of cardiovascular disease on an outpatient basis through the use of high quality, personalized, comprehensive health care and to minimize any further progression of the disease state.

Scope: The assessment, management, treatment, and evaluation of stable coronary artery disease with or without angina.

Guideline:
Notes:

- If a man less than age 55 y/o or a woman less than 65 y/o is diagnosed with ASCVD, family screening for risk factors such as Familial Hypercholesterolemia is strongly recommended and should be discussed.
- Some guidelines recommend screening for lipoprotein (a) if there is a significant family history of ASCVD.

Sources:

1. Dr. Emran Rouf (BSWH, Internal Med – Physician Champion Cardiovascular Workgroup), Dr. Phillip Houck (BSWH, Cardiology), & Dr. Catherine McNeal (BSWH, Cardiology)