

# Welcome to MDLIVE®

Your anytime, anywhere doctor's office



We have teamed up with MDLIVE to provide you with telehealth access to doctors, 24/7. Scott and White Health Plan members can visit a doctor by phone or secure video for no cost.



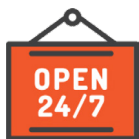
## Step 1:

- **Log on to MDLIVE.com/SWHP** to activate new account or sign in
- OR **Download the MDLIVE mobile app** (MDLIVE.com/mobileapp)
- OR **Call 800.718.5082**

**Step 2:** Register in about 15 minutes.

**Step 3:** See a doctor right away or schedule an appointment time that works for you.

**Step 4:** Start your virtual visit.



Care from **board-certified doctors**, 24/7, including holidays



**Online visits** are secure and easy by phone or video



**Prescriptions sent** to your pharmacy when needed

**Download the app.**  
Join for free. Visit a doctor.

**800.718.5082**

## Common Conditions Treated

### General Health

- Allergies
- Common cold/flu
- Constipation
- Cough
- Diarrhea
- Ear problems
- Fever
- Headache
- Insect bites
- Nausea/vomiting
- Pink eye
- Sore throat

### Behavioral Health

- Addictions
- Anxiety/stress
- Bipolar disorders
- Depression
- Eating disorders
- Grief and loss
- Life changes
- Panic disorders
- Parenting issues
- Postpartum depression
- Relationship and marriage issues
- Trauma and PTSD



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