Coverage Period: 01/01/2019 – 12/31/2019
Coverage for: Individual + Family | Plan Type: PPO

The Summary of Benefits and Coverage (SBC) document will help you choose a health <u>plan</u>. The SBC shows you how you and the <u>plan</u> would share the cost for covered health care services. NOTE: Information about the cost of this <u>plan</u> (called the <u>premium</u>) will be provided separately.

This is only a summary. For more information about your coverage, or to get a copy of the complete terms of coverage, visit <u>swhp.org/plandocs</u>, or call 1-800-321-7947. For general definitions of common terms, such as <u>allowed amount</u>, <u>balance billing</u>, <u>coinsurance</u>, <u>copayment</u>, <u>deductible</u>, <u>provider</u>, or other <u>underlined</u> terms see the Glossary. You can view the Glossary at <u>cciio.cms.gov</u> or call 1-800-321-7947 to request a copy.

Important Questions	Answers	Why This Matters:
What is the overall deductible?	Network provider: \$2,500 individual / \$5,000 family; Non-Network provider: \$7,500 ind. / \$15,000 fam.	Generally, you must pay all of the costs from <u>providers</u> up to the <u>deductible</u> amount before this <u>plan</u> begins to pay. If you have other family members on the <u>plan</u> , each family member must meet their own individual <u>deductible</u> until the total amount of <u>deductible</u> expenses paid by all family members meets the overall family <u>deductible</u> .
Are there services covered before you meet your deductible?	Yes. Preventive care and primary care services are covered before you meet your deductible.	This <u>plan</u> covers some items and services even if you have not yet met the <u>deductible</u> amount.  But a <u>copayment</u> or <u>coinsurance</u> may apply. For example, this <u>plan</u> covers <u>preventive services</u> without <u>cost sharing</u> and before you meet your <u>deductible</u> . See a list of covered <u>preventive services</u> at <u>healthcare.gov/coverage/preventive-care-benefits/</u> .
Are there other deductibles for specific services?	No.	You do not have to meet <u>deductibles</u> for specific services.
What is the <u>out-of-pocket</u> <u>limit</u> for this <u>plan</u> ?	Network provider: \$5,000 per ind. / \$10,000 per fam.; Non-Network provider: \$15,000 ind. / \$30,000 fam.	The <u>out-of-pocket limit</u> is the most you could pay in a year for covered services. If you have other family members in this <u>plan</u> , the overall family <u>out-of-pocket limit</u> must be met.
What is not included in the <u>out-of-pocket limit</u> ?	Premiums, balance-billing charges, and health care this plan does not cover.	Even though you pay these expenses, they don't count toward the out-of-pocket limit.
Will you pay less if you use a <u>network provider</u> ?	Yes. See swhp.org or call 1-800-321-7947 for a list of network providers.	This <u>plan</u> uses a <u>provider network</u> . You will pay less if you use a <u>provider</u> in the <u>plan's network</u> . You will pay the most if you use an <u>out-of-network provider</u> , and you might receive a bill from a <u>provider</u> for the difference between the <u>provider's</u> charge and what your <u>plan</u> pays ( <u>balance billing</u> ). Be aware your <u>network provider</u> might use an <u>out-of-network provider</u> for some services (such as lab work). Check with your <u>provider</u> before you get services.
Do you need a <u>referral</u> to see a <u>specialist</u> ?	No	You can see the specialist you choose without a referral.

All **copayment** and **coinsurance** costs shown in this chart are after your **deductible** has been met, if a **deductible** applies.

Common		What You Will Pay		Limitations, Exceptions, & Other
Medical Event	Services You May Need	Network Provider (You will pay the least)	Out-of-Network Provider (You will pay the most)	Important Information
If you visit a health	Primary care visit to treat an injury or illness	\$30 <u>copay</u> per visit; <u>deductible</u> does not apply	50% after <u>deductible</u>	You may have to pay for services that aren't preventive. Ask your <u>provider</u> if the services needed are preventive. Then
care <u>provider's</u> office or clinic	Specialist visit	\$50 <u>copay</u> per visit; <u>deductible</u> does not apply	50% after <u>deductible</u>	
OI CIMILO	Preventive care/screening/immunization	No charge	50% after <u>deductible</u>	check what your <u>plan</u> will pay for.
	Diagnostic test (x-ray, blood work)	No charge	50% after <u>deductible</u>	For prior authorization requirements and penalties see <a href="mailto:swhp.org/ind-fam/tools-">swhp.org/ind-fam/tools-</a>
If you have a test	Imaging (CT/PET scans, MRIs)	20% of charges; <u>deductible</u> does not apply	50% after <u>deductible</u>	resources. Failure to obtain Prior Authorization will result in the lesser of \$500 or 50% reduction in benefits.
	Preferred generic drugs	\$8 <u>copay</u> per 30-day supply / retail \$20 <u>copay</u> per 90-day supply / maintenance. <u>Deductible</u> does not apply	50% after <u>deductible</u>	Copays are per 30-day supply. 2.5 copays apply for a 90-day supply if a maintenance drug is obtained through a Baylor Scott & White pharmacy OR when using the mail order prescription service. Specific preventative medications will be covered
If you need drugs to treat your illness or condition More information about prescription drug coverage is available at swhp.org/en-us/members/manage-your-plan/pharmacy-information	Preferred brand drugs	\$35 <u>copay</u> per 30-day supply / retail \$87.50 <u>copay</u> per 90-day supply / maintenance. <u>Deductible</u> does not apply	50% after <u>deductible</u>	
	Non-preferred generic drugs and non-preferred brand drugs	\$70 copay per 30-day supply / retail \$175 copay per 90-day supply / maintenance. Deductible does not apply	50% after <u>deductible</u>	with no cost to the member.
information.	Specialty drugs	Tier 1: \$200 copay per 30-day supply Tier 2: \$300 copay per 30-day supply Tier 3: \$400 copay per 30-day supply Deductible does not apply	50% after <u>deductible</u>	Some drugs may require prior authorization. 30-day supply only.

Common		What You Will Pay		Limitations, Exceptions, & Other	
Medical Event	Services You May Need	Network Provider (You will pay the least)	Out-of-Network Provider (You will pay the most)	Important Information	
If you have outpatient	Facility fee (e.g., ambulatory surgery center)	No charge	50% after <u>deductible</u>	None	
surgery	Physician/surgeon fees	20% after <u>deductible</u>	50% after <u>deductible</u>		
If you need immediate medical attention	Emergency room care	\$250 <u>copay</u> per visit, then 20% of charges. <u>Deductible</u> does not apply.	\$250 <u>copay</u> per visit, then 20% of charges. <u>Deductible</u> does not apply.	Copay waived if admitted.	
	Emergency medical transportation	20% after <u>deductible</u>	20% after <u>deductible</u>	None	
	Urgent care	\$75 <u>copay</u> per visit; <u>deductible</u> does not apply	\$75 <u>copay</u> per visit; <u>deductible</u> does not apply	None	
If you have a hospital stay	Facility fee (e.g., hospital room)	20% after <u>deductible</u>	50% after <u>deductible</u>	For prior authorization requirements and penalties see <a href="mailto:swhp.org/ind-fam/tools-resources">swhp.org/ind-fam/tools-resources</a> . Failure to obtain Prior Authorization will result in the lesser of \$500 or 50% reduction in benefits, or denial in the case of Health Care Services,	
	Physician/surgeon fees	20% after <u>deductible</u>	50% after <u>deductible</u>	other than Emergency Care, provided by an In-Network <u>provider</u> .	
If you need mental health, behavioral	Outpatient services	\$30 <u>copay</u> per visit; <u>deductible</u> does not apply	50% after <u>deductible</u>	None	
health, or substance abuse services	Inpatient services	20% after <u>deductible</u>	50% after <u>deductible</u>	None	
	Office visits	\$50 <u>copay</u> per visit; <u>deductible</u> does not apply	50% after <u>deductible</u>	Cost sharing does not apply to preventive services.	
If you are pregnant	Childbirth/delivery professional services	20% after <u>deductible</u>	50% after <u>deductible</u>	No charge for prenatal visits; postnatal visits are covered at the <u>specialist copay</u> .  Depending on the type of services, a <u>copayment</u> , <u>coinsurance</u> , or <u>deductible</u> may apply.	
	Childbirth/delivery facility services	20% after <u>deductible</u>	50% after <u>deductible</u>	None	
	Home health care	20% after <u>deductible</u>	50% after <u>deductible</u>	60 visit limit per year.	

Common		What You Will Pay		Limitations, Exceptions, & Other
Medical Event	Services You May Need	Network Provider (You will pay the least)	Out-of-Network Provider (You will pay the most)	Important Information
	Rehabilitation services	\$50 copay per visit; deductible does not apply	50% after <u>deductible</u>	35 visit limit per year.
If you need help recovering or have	Habilitation services	\$50 copay per visit; deductible does not apply	50% after <u>deductible</u>	35 visit limit per year.
other special health	Skilled nursing care	20% after <u>deductible</u>	50% after <u>deductible</u>	25 day limit per year.
needs	Durable medical equipment	50% after <u>deductible</u>	50% after <u>deductible</u>	None
	Hospice services	No charge	50% after deductible	None
If your child needs	Children's eye exam	\$50 <u>copay</u> per visit; <u>deductible</u> does not apply	50% after <u>deductible</u>	One exam limit per year.
dental or eye care	Children's glasses	Not covered	Not covered	None
	Children's dental check-up	Not covered	Not covered	None

#### **Excluded Services & Other Covered Services:**

Services Your Plan Generally Does NOT Cover (Check your policy or plan document for more information and a list of any other excluded services.)

- Acupuncture
- Bariatric surgery
- Cosmetic surgery
- Dental care (Child and Adult)

- Infertility treatment
- Long-term care
- Non-emergency care when traveling outside U.S.
- Private-duty nursing
- Routine foot care
- Weight loss programs

# Other Covered Services (Limitations may apply to these services. This isn't a complete list. Please see your <u>plan</u> document.)

- Chiropractic care (limited to 35 visits per Calendar year)
- Hearing aids (limited to one per ear every three years for covered members 18 years of age or younger)
- Routine eye care (Adult) (limited to annual eye exam conducted by a licensed ophthalmologist or optometrist)

Your Rights to Continue Coverage: There are agencies that can help if you want to continue your coverage after it ends. The contact information for those agencies is: Insurance Company of Scott & White, visit <a href="mailto:swhp.org">swhp.org</a>, or call 1-800-321-7947; Department of Labor Employee Benefits Security Administration, visit <a href="mailto:dol.gov/ebsa/healthreform">dol.gov/ebsa/healthreform</a>, or call1-866-444-EBSA (3272). Other coverage options may be available to you too, including buying individual insurance coverage through the Health Insurance <a href="mailto:Marketplace">Marketplace</a>. For more information about the <a href="mailto:Marketplace">Marketplace</a>, visit <a href="mailto:HealthCare.gov">HealthCare.gov</a> or call 1-800-318-2596; Department of Labor Employee Benefits Security Administration, visit <a href="mailto:dol.gov/ebsa/healthreform">dol.gov/ebsa/healthreform</a>, or call1-866-444-EBSA (3272).

Your Grievance and Appeals Rights: There are agencies that can help if you have a complaint against your plan for a denial of a <u>claim</u>. This complaint is called a <u>grievance</u> or <u>appeal</u>. For more information about your rights, look at the explanation of benefits you will receive for that medical <u>claim</u>. Your <u>plan</u> documents also provide complete information to submit a <u>claim</u>, <u>appeal</u>, or a <u>grievance</u> for any reason to your <u>plan</u>. For more information about your rights, this notice, or assistance,

contact: Insurance Company of Scott & White, visit <a href="swhp.org">swhp.org</a>, or call 1-800-321-7947; Texas Department of Insurance, visit <a href="swhp.org">tdi.texas.gov</a>, or call 1-800-252-3439; Department of Labor Employee Benefits Security Administration, visit <a href="dol.gov/ebsa/healthreform">dol.gov/ebsa/healthreform</a>, or call 1-866-444-EBSA (3272).

# Does this plan provide Minimum Essential Coverage? Yes

If you don't have Minimum Essential Coverage for a month, you'll have to make a payment when you file your tax return unless you qualify for an exemption from the requirement that you have health coverage for that month.

## Does this plan meet the Minimum Value Standards? Yes

If your plan doesn't meet the Minimum Value Standards, you may be eligible for a premium tax credit to help you pay for a plan through the Marketplace.

## **Language Access Services:**

Spanish (Español): Para obtener asistencia en Español, llame al 1-800-321-7947.

## **About these Coverage Examples:**



This is not a cost estimator. Treatments shown are just examples of how this <u>plan</u> might cover medical care. Your actual costs will be different depending on the actual care you receive, the prices your <u>providers</u> charge, and many other factors. Focus on the <u>cost sharing</u> amounts (<u>deductibles</u>, <u>copayments</u> and <u>coinsurance</u>) and <u>excluded services</u> under the <u>plan</u>. Use this information to compare the portion of costs you might pay under different health <u>plans</u>. Please note these coverage examples are based on self-only coverage.

# Peg is Having a Baby

(9 months of in-network pre-natal care and a hospital delivery)

■ The <u>plan's</u> overall <u>deductible</u>	\$2,500
■ <u>Specialist</u> <u>copayment</u>	\$50

Hospital (facility) coinsurance

Other coinsurance

# Managing Joe's type 2 Diabetes

(a year of routine in-network care of a well-controlled condition)

■ The plan's overall deductible	\$2,500
■ Specialist copayment	\$50
■ Hospital (facility) coinsurance	20%

Other coinsurance

20%

\$12.800

# **Mia's Simple Fracture**

(in-network emergency room visit and follow up care)

■ The plan's overall deductible	\$2,500
■ Specialist copayment	\$50
Hospital (facility) coinsurance	20%
■ Other coinsurance	20%

# This EXAMPLE event includes services like: Sample Care Costs

Specialist office visits (prenatal care)
Childbirth/Delivery Professional Services
Childbirth/Delivery Facility Services
Diagnostic tests (ultrasounds and blood work)

Specialist visit (anesthesia)

**Total Example Cost** 

# This EXAMPLE event includes services like: Sample Care Costs

Primary care physician office visits (including disease education)
Diagnostic tests (blood work)

Prescription drugs

Durable medical equipment (glucose meter)

Total Example Cost	\$7,400
Total Example Cost	Ψ.,

## In this example, Peg would pay:

Cost Sharing		
<u>Deductibles</u>	\$2,500	
<u>Copayments</u>	\$700	
Coinsurance	\$1,800	
What isn't covered		
Limits or exclusions	\$60	
The total Peg would pay is	\$5,060	

# In this example, Joe would pay:

Cost Sharing	
<u>Deductibles</u>	\$900
<u>Copayments</u>	\$900
Coinsurance	\$900
What isn't covered	
Limits or exclusions	\$60
The total Joe would pay is	\$2,760

# This EXAMPLE event includes services like: Sample Care Costs

Emergency room care (including

medical supplies)

Diagnostic test (x-ray)

Durable medical equipment (crutches)

Rehabilitation services (physical

therapy)

20%

# In this example, Mia would pay:

Cost Sharing		
<u>Deductibles</u>	\$700	
<u>Copayments</u>	\$1,000	
Coinsurance	\$200	
What isn't covered		
Limits or exclusions	\$0	
The total Mia would pay is	\$1,900	

# Nondiscrimination Notice



ATTENTION: If you speak English, language assistance services, free of charge, are available to you. Call 1-800-321-7947 (TTY: 711).

Insurance Company of Scott and White complies with applicable Federal civil rights laws and does not discriminate on the basis of race, color, national origin, age, disability, or sex Insurance Company of Scott and White does not exclude people or treat them differently because of race, color, national origin, age, disability, or sex. Insurance Company of Scott and White:

- Provides free aids and services to people with disabilities to communicate effectively with us, such as:
  - Qualified sign language interpreters
  - Written information in other formats (large print and accessible electronic formats)
- · Provides free language services to people whose primary language is not English, such as:
  - Qualified interpreters
  - Information written in other languages

If you need these services, contact the Insurance Company of Scott and White Compliance Officer at 1-254-820-8888 or send an email to SWHPComplianceDepartment@BSWHealth.org.

If you believe that Insurance Company of Scott and White has failed to provide these services or discriminated in another way on the basis of race, color, national origin, age, disability, or sex, you can file a grievance with:

Compliance Officer, Insurance Company of Scott and White 1206 West Campus Drive, Suite 151 Temple, Texas 76502

Compliance HelpLine; 1-888-484-6977 or https://app.mycompliancereport.com/report.aspx?cid=swhp

You can file a grievance in person or by mail, online, or email. If you need help filing a grievance, the Compliance Officer is available to help you.

You can also file a civil rights complaint with the U.S. Department of Health and Human Services, Office for Civil Rights, electronically through the Office for Civil Rights Complaint Portal, available at https://ocrportal.hhs.gov/ocr/portal/lobby.jsf, or by mail or phone at:

U.S. Department of Health and Human Services 200 Independence Avenue, SW Room 509F, HHH Building Washington, D.C. 20201 1-800-368-1019, 1-800-537-7697 (TDD)

 $Complaint forms \ are \ available \ at \ https://www.hhs.gov/civil-rights/filing-a-complaint/index.html.$ 

Language Assistance\_06/2018

# **Language Assistance/** Asistencia de idiomas



#### English:

ATTENTION: If you speak English, language assistance services, free of charge, are available to you. Call 1-800-321-7947 (TTY: 711).

### Spanish:

ATENCIÓN: Si habla español, tiene a su disposición servicios gratuitos de asistencia lingüística. Llame al 1-800-321-7947 (TTY: 711).

#### Vietnamese:

CHÚ Ý: Nếu bạn nói Tiếng Việt, có các dịch vụ hỗ trợ ngôn ngữ miễn phí dành cho bạn. Gọi số 1-800-321-7947 (TTY: 711).

#### Chinese:

注意:如果使用繁體中文,可以免費獲得語言援助服務。請致電 1-800-321-7947(TTY:711)。

#### Korean:

주의: 한국어를 사용하시는 경우, 언어 지원 서비스를 무료로 이용하실 수 있습니다. 1-800-321-7947 (TTY: 711) 번으로 전화해 주십시오.

#### Arabic:

هاتف الصم والبكم: 711 ملحوظة: إذا كنت تتحدت اذكر اللغة، فإن خدمات المساعدة اللغوية تتوافر لك بالمجان. اتصل برقع 1-7947-221-800 )رقم

#### Urdu:

کریں .(TTY: 711) 7947-321-800-1 خبردار: اگر آپ اردو بولئے ہیں، تو آپ کو زبان کی مدد کی خدمات مفت میں دستیاب ہیں ۔ کال

#### Tagalog:

PAUNAWA: Kung nagsasalita ka ng Tagalog, maaari kang gumamit ng mga serbisyo ng tulong sa wika nang walang bayad. Tumawag sa 1-800-321-7947 (TTY: 711).

#### French:

ATTENTION: Si vous parlez français, des services d'aide linguistique vous sont proposés gratuitement. Appelez le 1-800-321-7947 (ATS: 711).

#### Hindi:

ध्यान दे: यद आप हिंदी बोलते है तो आपके लिए मुफ्त मे भाषा सहायता सेवाएं उपलब्ध है। 1-800-321-7947 (TTY: 711) पर कॉल करे।

#### Persian:

فراهم می باشد. با (TTY: 711) 7947-321-800-1 نماس بگیرید. نوجه: اگر به زبان فارسی گفتگو می کنید، نسهیلات زبانی بصورت رایگان برای شما

## German:

ACHTUNG: Wenn Sie Deutsch sprechen, stehen Ihnen kostenlos sprachliche Hilfsdienstleistungen zur Verfügung. Rufnummer: 1-800-321-7947 (TTY: 711).

### Gujarati:

સુચના: જો તમે ગુજરાતી બોલતા હો, તો ન:િશુલ્ક ભાષા સહાય સેવાઓ તમારા માટે ઉપલબ્ધ છે. ફોન કરો 1-800-321-7947 (TTY: 711).

#### Russian:

ВНИМАНИЕ: Если вы говорите на русском языке, то вам доступны бесплатные услуги перевода. Звоните 1-800-321-7947 (телетайп: 711).

### Japanese:

注意事項:日本語を話される場合、無料の言語支援をご利用いただけます。1-800-321-7947 (TTY:711)まで、お電話にてご連絡ください。

### Laotian:

ໂປດຊາບ: ຖ້າວ່າ ທ່ານເວົ້າພາສາ ລາວ, ການບໍລິການຊ່ວຍເຫຼືອດ້ານພາສາ, ໂດຍບໍ່ເສັຽຄ່າ, ແມ່ນມີພ້ອມໃຫ້ທ່ານ. ໂທຣ 1-800-321-7947 (TTY: 711).