Coverage for: Individual + Family | Plan Type: HMO

The Summary of Benefits and Coverage (SBC) document will help you choose a health <u>plan</u>. The SBC shows you how you and the <u>plan</u> would share the cost for covered health care services. NOTE: Information about the cost of this <u>plan</u> (called the <u>premium</u>) will be provided separately.

This is only a summary. For more information about your coverage, or to get a copy of the complete terms of coverage, visit <u>swhp.org/plandocs</u>, or call 1-800-321-7947. For general definitions of common terms, such as <u>allowed amount</u>, <u>balance billing</u>, <u>coinsurance</u>, <u>copayment</u>, <u>deductible</u>, <u>provider</u>, or other <u>underlined</u> terms see the Glossary. You can view the Glossary at <u>cciio.cms.gov</u> or call 1-800-321-7947 to request a copy.

Important Questions	Answers	Why This Matters:
What is the overall deductible?	Network provider: \$4,000 individual / \$8,000 family; Non-Network provider: Not applicable ind. / Not applicable fam.	Generally, you must pay all of the costs from <u>providers</u> up to the <u>deductible</u> amount before this <u>plan</u> begins to pay. If you have other family members on the <u>plan</u> , each family member must meet their own individual <u>deductible</u> until the total amount of <u>deductible</u> expenses paid by all family members meets the overall family <u>deductible</u> . The <u>deductible</u> for network <u>providers</u> is separate from the <u>deductible</u> for non-network <u>providers</u> .
Are there services covered before you meet your deductible?	Yes. Preventive care and primary care services are covered before you meet your deductible.	This <u>plan</u> covers some items and services even if you have not yet met the <u>deductible</u> amount.  But a <u>copayment</u> or <u>coinsurance</u> may apply. For example, this <u>plan</u> covers <u>preventive services</u> without <u>cost sharing</u> and before you meet your <u>deductible</u> . See a list of covered <u>preventive services</u> at <u>healthcare.gov/coverage/preventive-care-benefits/</u> .
Are there other deductibles for specific services?	No.	You do not have to meet <u>deductibles</u> for specific services.
What is the <u>out-of-pocket</u> <u>limit</u> for this <u>plan</u> ?	Network provider: \$6,750 per ind. / \$13,500 per fam.; Non-Network provider: Not applicable ind. / Not applicable fam.	The <u>out-of-pocket limit</u> is the most you could pay in a year for covered services. If you have other family members in this <u>plan</u> , the overall family <u>out-of-pocket limit</u> must be met.
What is not included in the <u>out-of-pocket limit?</u>	Premiums, balance-billing charges, and health care this plan does not cover.	Even though you pay these expenses, they don't count toward the out-of-pocket limit.
Will you pay less if you use a <u>network provider</u> ?	Yes. See swhp.org or call 1-800-321-7947 for a list of network providers.	This <u>plan</u> uses a <u>provider network</u> . You will pay less if you use a <u>provider</u> in the <u>plan's network</u> . You will pay the most if you use an <u>out-of-network provider</u> , and you might receive a bill from a <u>provider</u> for the difference between the <u>provider's</u> charge and what your <u>plan</u> pays ( <u>balance billing</u> ). Be aware your <u>network provider</u> might use an <u>out-of-network provider</u> for some services (such as lab work). Check with your <u>provider</u> before you get services.
Do you need a <u>referral</u> to see a <u>specialist</u> ?	No	You can see the specialist you choose without a referral.

All **copayment** and **coinsurance** costs shown in this chart are after your **deductible** has been met, if a **deductible** applies.

		What Yo	u Will Pay	
Common Medical Event	Services You May Need	Network PROVIDER (You will pay the least)	Out-of-Network PROVIDER (You will pay the most)	Limitations, Exceptions, & Other Important Information
If you visit a health	Primary care visit to treat an injury or illness	0% after <u>deductible</u>	Not covered	You may have to pay for services that
care provider's office	Specialist visit	0% after <u>deductible</u>	Not covered	aren't preventive. Ask your <u>provider</u> if the services needed are preventive. Then
or clinic	Preventive care/screening/immunization	No charge	Not covered	check what your <u>plan</u> will pay for.
	Diagnostic test (x-ray, blood work)	0% after <u>deductible</u>	Not covered	For prior authorization requirements and penalties see <a href="mailto:swhp.org/ind-fam/tools-">swhp.org/ind-fam/tools-</a>
If you have a test	Imaging (CT/PET scans, MRIs)	0% after <u>deductible</u>	Not covered	resources. Failure to obtain Prior Authorization will result in the lesser of \$500 or 50% reduction in benefits.
If you need drugs to	Generic Drugs	0% after <u>deductible</u>	Not covered	Copays are per 30-day supply. Two
treat your illness or condition  More information about	Preferred Brand Drugs	30% after deductible	Not covered	copays apply for a 90-day supply if a maintenance drug is obtained through a
prescription drug coverage is available at swhp.org/en-	Non-preferred generic drugs and non-preferred brand drugs and all other drugs	50% after <u>deductible</u>	Not covered	Baylor Scott & White pharmacy OR when using the mail order prescription service. Specific preventative medications will be covered with no cost to the member.
us/members/manage- your-plan/pharmacy- information.	Specialty Drugs	50% after <u>deductible</u>	Not covered	None
If you have outpatient	Facility fee (e.g., ambulatory surgery center)	0% after <u>deductible</u>	Not covered	None
surgery	Physician/surgeon fees	0% after <u>deductible</u>	Not covered	
	Emergency room care	0% after <u>deductible</u>	0% after <u>deductible</u>	
If you need immediate medical attention	Emergency medical transportation	0% after <u>deductible</u>	0% after <u>deductible</u>	None
	<u>Urgent care</u>	0% after <u>deductible</u>	0% after <u>deductible</u>	

Common Medical Event	Services You May Need	Network PROVIDER (You will pay the least)	Out-of-Network PROVIDER (You will pay the most)	Limitations, Exceptions, & Other Important Information
If you have a hospital stay	Facility fee (e.g., hospital room)	0% after <u>deductible</u>	Not covered	For prior authorization requirements and penalties see <a href="mailto:swhp.org/ind-fam/tools-resources">swhp.org/ind-fam/tools-resources</a> . Failure to obtain Prior Authorization will result in the lesser of \$500 or 50% reduction in benefits, or denial in the case of Health Care Services,
	Physician/surgeon fees	0% after <u>deductible</u>	Not covered	other than Emergency Care, provided by an In-Network provider.
If you need mental health, behavioral	Outpatient services	0% after <u>deductible</u>	Not covered	None
health, or substance abuse services	Inpatient services	0% after <u>deductible</u>	Not covered	None
	Office visits	0% after <u>deductible</u>	Not covered	Cost sharing does not apply for preventive
If you are pregnant	Childbirth/delivery professional services	0% after <u>deductible</u>	Not covered	services. No charge for prenatal visits; postnatal visits are covered at the specialist copay.  Depending on the type of services, a copayment, coinsurance, or deductible may apply.
	Childbirth/delivery facility services	0% after <u>deductible</u>	Not covered	None
	Home health care	0% after <u>deductible</u>	Not covered	60 visit limit per year.
If you need help	Rehabilitation services	0% after <u>deductible</u>	Not covered	35 visit limit per year.
recovering or have	Habilitation services	0% after <u>deductible</u>	Not covered	35 visit limit per year.
other special health	Skilled nursing care	0% after <u>deductible</u>	Not covered	25 day limit per year.
needs	Durable medical equipment	0% after <u>deductible</u>	Not covered	None
	Hospice services	0% after <u>deductible</u>	Not covered	None
	Children's eye exam	0% after <u>deductible</u>	Not covered	Limited to one visit per year.
If your child needs dental or eye care	Children's glasses	0% after <u>deductible</u>	Not covered	One pair of glasses (lenses and frames) per year.
	Children's dental check-up	Not covered	Not covered	None

#### **Excluded Services & Other Covered Services:**

## Services Your Plan Generally Does NOT Cover (Check your policy or plan document for more information and a list of any other excluded services.)

- Acupuncture
- Bariatric surgery
- Cosmetic surgery
- Dental care (Child and Adult)

- Infertility treatment
- Long-term care
  - Non-emergency care when traveling outside U.S
  - Private-duty nursing

- Routine foot care
- Weight loss programs

# Other Covered Services (Limitations may apply to these services. This isn't a complete list. Please see your plan document.)

- Chiropractic care (35 visit limit per Calendar year)
- Hearing aids (limited to the cost of one hearing aid per hearing impaired ear every 36 months)
- Routine eye care (Adult) (limited to annual eye exam conducted by a licensed ophthalmologist or optometrist)

Your Rights to Continue Coverage: There are agencies that can help if you want to continue your coverage after it ends. The contact information for those agencies is: Scott and White Health Plan, visit <a href="swhp.org">swhp.org</a>, or call 1-800-321-7947; Department of Labor Employee Benefits Security Administration, visit <a href="doi:10.109/doi:

Your Grievance and Appeals Rights: There are agencies that can help if you have a complaint against your plan for a denial of a <u>claim</u>. This complaint is called a <u>grievance</u> or <u>appeal</u>. For more information about your rights, look at the explanation of benefits you will receive for that medical <u>claim</u>. Your <u>plan</u> documents also provide complete information to submit a <u>claim</u>, <u>appeal</u>, or a <u>grievance</u> for any reason to your <u>plan</u>. For more information about your rights, this notice, or assistance, contact: Scott and White Health Plan, visit <u>swhp.org</u>, or call 1-800-321-7947; Texas Department of Insurance, visit <u>tdi.texas.gov</u>, or call 1-800-252-3439; Department of Labor Employee Benefits Security Administration, visit <u>dol.gov/ebsa/healthreform</u>, or call1-866-444-EBSA (3272).

# Does this plan provide Minimum Essential Coverage? Yes

If you don't have Minimum Essential Coverage for a month, you'll have to make a payment when you file your tax return unless you qualify for an exemption from the requirement that you have health coverage for that month.

## Does this plan meet the Minimum Value Standards? Yes

If your plan doesn't meet the Minimum Value Standards, you may be eligible for a premium tax credit to help you pay for a plan through the Marketplace.

# **Language Access Services:**

Spanish (Español): Para obtener asistencia en Español, llame al 1-800-321-7947.

## **About these Coverage Examples:**



This is not a cost estimator. Treatments shown are just examples of how this <u>plan</u> might cover medical care. Your actual costs will be different depending on the actual care you receive, the prices your <u>providers</u> charge, and many other factors. Focus on the <u>cost sharing</u> amounts (<u>deductibles</u>, <u>copayments</u> and <u>coinsurance</u>) and <u>excluded services</u> under the <u>plan</u>. Use this information to compare the portion of costs you might pay under different health <u>plans</u>. Please note these coverage examples are based on self-only coverage.

# Peg is Having a Baby

(9 months of in-network pre-natal care and a hospital delivery)

■ The <u>plan's</u> overall <u>deductible</u>	\$4,000
■ Specialist copayment	0%
■ Hospital (facility) coinsurance	0%

Other coinsurance

# **Managing Joe's type 2 Diabetes**

(a year of routine in-network care of a well-controlled condition)

■ The plan's overall deductible	\$4,00
■ Specialist copayment	0%
■ Hospital (facility) coinsurance	0%
■ Other coinsurance	0%

# **Mia's Simple Fracture**

(in-network emergency room visit and follow up care)

■ The plan's overall deductible	\$4,000
■ Specialist copayment	0%
Hospital (facility) coinsurance	0%
Other coinsurance	0%

# This EXAMPLE event includes services like: Sample Care Costs

Specialist office visits (prenatal care)
Childbirth/Delivery Professional Services
Childbirth/Delivery Facility Services
Diagnostic tests (ultrasounds and blood work)

Specialist visit (anesthesia)

This EXAMPLE event includes services	like:
Sample Care Costs	

Primary care physician office visits (including disease education)
Diagnostic tests (blood work)
Prescription drugs
Durable medical equipment (glucose

meter)

**Total Example Cost** 

# This EXAMPLE event includes services like: Sample Care Costs

Emergency room care (including medical supplies)
Diagnostic test (x-ray)
Durable medical equipment (crutches)

Rehabilitation services (physical therapy)

Total Example Cost	\$12,800

lr	ı this	examp	le, Pe	g wou	ld pay:
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Cost Sharing		
<u>Deductibles</u>	\$4,000	
<u>Copayments</u>	\$30	
Coinsurance	\$2,480	
What isn't covered		
Limits or exclusions	\$60	
The total Peg would pay is	\$6,570	

# In this example, Joe would pay:

Cost Sharing		
\$1,490		
\$1,800		
\$370		
What isn't covered		
\$60		
\$3,720		

# Total Example Cost \$2,000

## In this example, Mia would pay:

\$7,400

Cost Sharing		
<u>Deductibles</u>	\$80	
<u>Copayments</u>	\$490	
Coinsurance	\$280	
What isn't covered		
Limits or exclusions	\$0	
The total Mia would pay is	\$850	

# Nondiscrimination Notice



ATTENTION: If you speak English, language assistance services, free of charge, are available to you. Call 1-800-321-7947 (TTY: 711).

Scott and White Health Plan complies with applicable Federal civil rights laws and does not discriminate on the basis of race, color, national origin, age, disability, or sex. Scott and White Health Plan does not exclude people or treat them differently because of race, color, national origin, age, disability, or sex.

Scott and White Health Plan:

- Provides free aids and services to people with disabilities to communicate effectively with us, such as:
  - Written information in other formats (large print and accessible electronic formats)
- Provides free language services to people whose primary language is not English, such as:
  - Qualified interpreters
  - Information written in other languages

If you need these services, contact the Scott and White Health Plan (SWHP) Compliance Officer at 1-214-820-8888 or send an email to SWHPComplianceDepartment@BSWHealth.org

If you believe that Scott and White Health Plan has failed to provide these services or discriminated in another way on the basis of race, color, national origin, age, disability, or sex, you can file a grievance with:

SWHP Compliance Officer 1206 West Campus Drive, Suite 151 Temple, Texas 76502

Compliance HelpLine; 1-888-484-6977 or https://app.mycompliancereport.com/report.aspx?cid=swhp

You can file a grievance in person or by mail, online, or email. If you need help filing a grievance, the SWHP Compliance Officer is available to help you.

You can also file a civil rights complaint with the U.S. Department of Health and Human Services, Office for Civil Rights, electronically through the Office for Civil Rights Complaint Portal, available at https://ocrportal.hhs.gov/ocr/portal/lobby.jsf, or by mail or phone at:

U.S. Department of Health and Human Services 200 Independence Avenue, SW Room 509F, HHH Building Washington, D.C. 20201 1-800-368-1019, 1-800-537-7697 (TDD)

Complaint forms are available at https://www.hhs.gov/civil-rights/filing-a-complaint/index.html.

# Language Assistance/ Asistencia de idiomas



#### English:

ATTENTION: If you speak English, language assistance services, free of charge, are available to you. Call 1-800-321-7947 (TTY: 711).

#### Spanish:

ATENCIÓN: Si habla español, tiene a su disposición servicios gratuitos de asistencia lingüística. Llame al 1-800-321-7947 (TTY: 711).

#### Vietnamese:

CHÚ Ý: Nếu bạn nói Tiếng Việt, có các dịch vụ hỗ trợ ngôn ngữ miễn phí dành cho bạn. Gọi số 1-800-321-7947 (TTY: 711).

#### Chinese:

注意: 如果 使用繁體中文, 可以免費獲得語言援助服務。請致電 1-800-321-7947(TTY:711)。

#### Korean:

주의: 한국어를 사용하시는 경우, 언어 지원 서비스를 무료로 이용하실 수 있습니다. 1-800-321-7947 (TTY: 711) 번으로 전화해 주십시오.

#### Arabic:

هاتف الصم والبكم: 711 ملحوظة: إذا كنت تتحدث اذكر اللغة، فإن خدمات المساعدة اللغوية تتوافر لك بالمجان. اتصل برقم 1-7947-321-800 (رقم

#### Urdu:

کریں .(TTY: 711) 4-800-321-7947 خبر دار: اگر آپ ار دو بولتے ہیں، تو آپ کو زبان کی مدد کی خدمات مفت میں دستیاب ہیں ۔ کال

#### Tagalog:

PAUNAWA: Kung nagsasalita ka ng Tagalog, maaari kang gumamit ng mga serbisyo ng tulong sa wika nang walang bayad. Tumawag sa 1-800-321-7947 (TTY: 711).

#### French:

ATTENTION : Si vous parlez français, des services d'aide linguistique vous sont proposés gratuitement. Appelez le 1-800-321-7947 (ATS : 711).

#### Hindi:

ध्यान देः यदि आप हिंदी बोलते है तो आपके लिए मुफ्त मे भाषा सहायता सेवाएं उपलब्ध है। 1-800-321-7947 (TTY: 711) पर कॉल करें।

#### Persian:

فراهم می باشد. با (TTY: 711) 7947-321-800-1 تماس بگیرید. توجه: اگر به زبان فارسی گفتگو می کنید، تسهیلات زبانی بصورت رایگان برای شما

#### German

ACHTUNG: Wenn Sie Deutsch sprechen, stehen Ihnen kostenlos sprachliche Hilfsdienstleistungen zur Verfügung. Rufnummer: 1-800-321-7947 (TTY: 711).

#### Gujarati:

સુચના: જો તમે ગુજરાતી બોલતા હો, તો ન:િશુલ્ક ભાષા સહાય સેવાઓ તમારા માટે ઉપલબ્ધ છે. ફોન કરો 1-800-321-7947 (TTY: 711).

#### Russian:

ВНИМАНИЕ: Если вы говорите на русском языке, то вам доступны бесплатные услуги перевода. Звоните 1-800-321-7947 (телетайп: 711).

#### Japanese:

注意事項:日本語を話される場合、無料の言語支援をご利用いただけます。1-800-321-7947 (TTY:711)まで、お電話にてご連絡ください。

#### Laotian:

ົປດຊາບ: ຖ້າວ່າ ທ່ານເວົ້າພາສາ ລາວ, ການບໍລິການຊ່ວຍເຫຼືອດ້ານພາສາ, ໂດຍບໍ່ເສັຽຄ່າ, ແມ່ນມີພ້ອມໃຫ້ທ່ານ. ໂທຣ 1-800-321-7947 (TTY: 711).